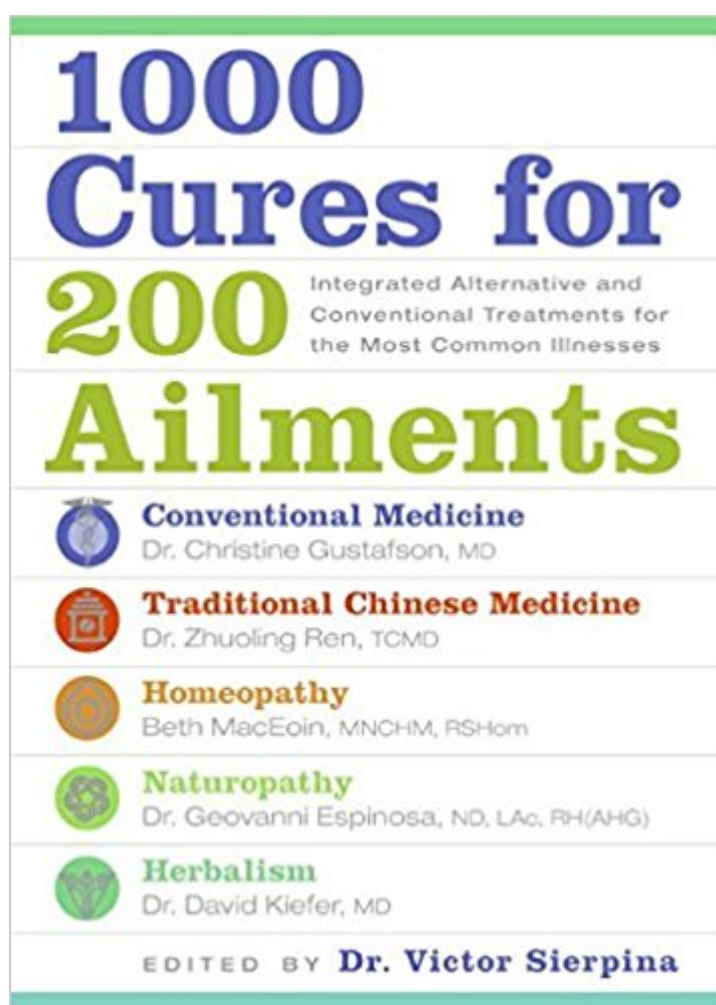


The book was found

1000 Cures For 200 Ailments: Integrated Alternative And Conventional Treatments For The Most Common Illnesses



Synopsis

Alternative health practices have had a tradition of providing relief to people for hundreds of years, but doctors often suggest just one course of treatment, and you may not realize how many options are available. Here is the only all-in-one guide with professional medical advice from leading practitioners in five different fields: conventional medicine, homeopathy, traditional Chinese medicine, herbalism, and naturopathy on everything from aches and pains, sexual dysfunction, and the common cold to mind and spirit, anxiety, and general first aid. Compare traditional medicine side by side with four alternative treatments to decide what type of therapy best suits you and your family. This essential home reference offers information in symptoms, diagnosis, and treatment goals for the two hundred most common conditions, then provides advice from the five experts in an easy-to-read comparative format, along with key tips for prevention. Whether you choose an alternative or conventional treatment for your ailment, the information here will let you take control of your health care and decide what path you want to take, so that you don't have to rely solely on the advice of your general physician or the misleading suggestions found on the Internet. This is the medical reference that no home should be without.

Book Information

Hardcover: 1008 pages

Publisher: Collins Reference; 1 edition (February 27, 2007)

Language: English

ISBN-10: 0061120294

ISBN-13: 978-0061120299

Product Dimensions: 9.4 x 6.9 x 2.4 inches

Shipping Weight: 3.8 pounds

Average Customer Review: 4.2 out of 5 stars 13 customer reviews

Best Sellers Rank: #1,399,427 in Books (See Top 100 in Books) #71 in Books > Health, Fitness & Dieting > Alternative Medicine > Reference #104 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Reference #339 in Books > Health, Fitness & Dieting > Alternative Medicine > Chinese Medicine

Customer Reviews

I love this book, I got it from the library and was so impressed I bought it! It gives many different cures for one ailment which is nice if you want to do something more natural. Well worth every

penny!

This is a convenient way to find out different approaches to different ailments of cures. Saves time of searching online for answers. And then when you read something new to you, then you can do further research. The book gives many choices, but not all are there. It is a good basic book on ailments. Good to keep on hand.

The instructions for administering some of the therapies are not as detailed as those provided by the extremely knowledgeable Dr who wrote the section for Traditional Chinese medicine. I would love to try some of the Chinese medicine treatments, and I may do so soon, as the Dr is here in Minneapolis. However, some of the other sections are not explained in enough detail to execute some of the therapies.

Got it for my mom who rented it from Library. So now she has her own.

This book is a must for anybody wanting to be in control of there own health, with 5 options on any condition you can really be informed before seeking advice from a professionalThe condition of the book was wonderful as described on , it was in very good condition and needed a new owner . Postage was very quick and arrived in good condition

Simply stated, I LOVE THIS BOOK! I refer to it for everything. Having choices is the best, and this book covers so much. I can't afford and prefer to avoid Western doctors, so this book allows me to quickly view my options. Easy references, clearly stated and a great format. Don't hesitate to buy this one!

Very informative. Good to have more than 1 way to treat an ailment. Especiallywith the high cost of medical care and the increase side effects of drugs. I amthankful to have this book as part of my health alternative library.

Enjoyed the book, tho I found even more on the internet that was not in the book. Fast service, price reasonable thank you

[Download to continue reading...](#)

1000 Cures for 200 Ailments: Integrated Alternative and Conventional Treatments for the Most

Common Illnesses Cancer: Taboo Cancer Cures 6 Impressive and Secret Cancer Cures that Most People do not know about (Cancer, Cancer Cures, Yoga, Cancer Treatments, Cancer Medicine, Cancer Patient Book 1) Natural Remedies, Medicine and Cures: Herbs, self-healing and how to treat and cure all common ailments and major diseases High Blood Pressure Cure: How To Lower Blood Pressure Naturally in 30 Days (Alternative Medicine, Natural Cures, Natural Remedies, High Blood Pressure ... Cures for High Blood Pressure, High BI) Joey Green's Amazing Kitchen Cures: 1,150 Ways to Prevent and Cure Common Ailments with Brand-Name Products Polish: Learn Polish Bundle 2-1 (Polish: Learn Polish in a Week! & Polish: 95 Most Common Phrases & 1000 Most Common Words): Polish Language for Beginners (Learn Polish, Polish, Polish Learning) Psoriasis: Psoriasis Treatments: Your guide to natural remedies for psoriasis, eczema and other common skin ailments Hungry Girl: 200 Under 200: 200 Recipes Under 200 Calories US Army Technical Manual, DESTRUCTION OF CONVENTIONAL AMMUNITION AND IMPROVED CONVENTIONAL MUNITIONS (ICM) TO PREVENT ENEMY USE, TM 43-0002-33, 1993 Most Effective Natural Cures on Earth: The Surprising Unbiased Truth about What Treatments Work and Why How to Treat Life-Threatening Conditions Preppers Get!: The Prepper Pages Survival Medicine Guide to Dealing with the Most Common Infections & Illnesses Plaguing Preppers (Volume 2) Alternative Cures: More than 1,000 of the Most Effective Natural Home Remedies 500 Time-Tested Home Remedies and the Science Behind Them: Ease Aches, Pains, Ailments, and More with Hundreds of Simple and Effective At-Home Treatments Nail Fungus Treatment: Cure Nail Fungus Naturally With This Fast Toenail Fungus Treatment and Toenail Fungus Cures (nail fungus cures, nail fungus treatment, nail fungus) Maria Treben's Cures: Letters and Accounts of Cures through the Herbal "Health Through God's Pharmacy" Insider-cures against cancer: 54 Insider-cures, scientifically founded, over 100 study sources + experience reports What You Must Know About Kidney Disease: A Practical Guide to Using Conventional and Complementary Treatments Smart Medicine for Healthier Living : Practical A-Z Reference to Natural and Conventional Treatments for Adults Alternative Remedies For Beginner's: A Beginner's Guide To Learning About All Of The Other Options Used To Heal And Treating Ailments Naturally The Authoritative Guide to Grapefruit Seed Extract : Stay Healthy Naturally : A Natural Alternative for Treating Colds, Infections, Herpes, Candida and Many Other Ailments

[Contact Us](#)

[DMCA](#)

[Privacy](#)

